



SEALS Collection Centre Locations:

Prince of Wales Hospital: Cobden Parkes Building, Level 2 East, High Street, Randwick. Ph. 93829060

Prince of Wales Private: Suite 28, Level 7, Barker Street, Randwick. Ph. 96504963

St George Hospital: Ground Floor, Clinical Services Building, Gray Street, Kogarah. Ph 91133027

Sutherland Hospital: Pathology Building, Corner Karenna Road and Kingsway, Caringbah. Ph.95407420

Wollongong Hospital: Level 7, Block C, Wollongong Hospital, Crown Street, Wollongong. Ph. 42534009

Shellharbour Hospital: Shellharbour Hospital, Madigan Blvd, Shellharbour. Ph. 42952487

Shoalhaven Hospital: Shoalhaven Hospital, Shoalhaven Street, Nowra. Ph. 44239235

24-HOUR URINE COLLECTION INSTRUCTION

PATIENT INFORMATION

A. PATIENT PREPARATION

Please follow the “Biogenic Amines Testing Restriction Requirements” information sheet if tests such as Catecholamines, Metanephrines, VMA, HVA and/or 5-Hydroxyindoleacetic Acid (5-HIAA) are requested.

Please ensure that you have:

1. A completed doctor’s request form
2. A funnel may be necessary to collect urine into the container provided (some containers have acid as a preservative)

B. URINE COLLECTION

Please note:

► **DO NOT URINATE DIRECTLY INTO THE CONTAINER and AVOID CONTACT WITH SKIN, AS PRESERVATIVES WHICH ARE USED FOR URINE COLLECTIONS MAY CAUSE INJURY.**

*(Use only bottle supplied by this Department. The collection bottle may contain preservative - do not discard its contents. Pass urine directly into a suitable **clean dry** container in order to transfer the urine into the collection bottle. **Do not rinse container with water.** If any sample is lost from collection please advise pathology staff to note on request form.)*

► **KEEP URINE CONTAINER AWAY FROM CHILDREN.**

► **STORE URINE CONTAINER IN A COOL DARK PLACE DURING COLLECTION.**

COLLECTION PROCEDURE

1. On rising in the morning **discard first urine** specimen passed and write this time and the date on the bottle as **Time and Date commenced.**
2. Then collect into the bottle ALL urine passed up to and including the same time the next morning. **Shake to mix urine with preservative at each collection.**
3. After your last urine collection, write this time and date on bottle as **Time and Date completed.**
4. Check that your **full name, dates** and **times** are clearly written on the bottle, avoiding the use of water-soluble ink.
5. Write your **date of birth**, and the **dates and times** of commencement and completion of urine collection on the doctor’s Request Form.
6. Return the urine **and** Doctor’s Request Form, as soon as possible to the indicated SEALS Pathology Collection Centre.
7. Always check with the staff to see if you require any other pathology tests.