



## SEALS Collection Centre Locations:

**Prince of Wales Hospital:** Cobden Parkes Building, Level 2 East, High Street, Randwick. Ph. 93829060

**Prince of Wales Private:** Suite 28, Level 7, Barker Street, Randwick. Ph. 96504963

**St George Hospital:** Ground Floor, Clinical Services Building, Gray Street, Kogarah. Ph 91133027

**Sutherland Hospital:** Pathology Building, Corner Karenna Road and Kingsway, Caringbah. Ph.95407420

**Wollongong Hospital:** Level 7, Block C, Wollongong Hospital, Crown Street, Wollongong. Ph. 42534009

**Shellharbour Hospital:** Shellharbour Hospital, Madigan Blvd, Shellharbour. Ph. 42952487

**Shoalhaven Hospital:** Shoalhaven Hospital, Shoalhaven Street, Nowra. Ph. 44239235

## SPECIMEN COLLECTION INSTRUCTION FOR CREATININE CLEARANCE

### PATIENT INFORMATION

#### A. 24-HOUR URINE COLLECTION PROCEDURE

Please note:

**DO NOT URINATE DIRECTLY INTO THE CONTAINER.**

**PRESEVATIVES USED FOR URINE COLLECTIONS MAY CAUSE INJURY.**

**AVOID CONTACT WITH SKIN AND KEEP URINE/PRESERVATIVE CONTAINER AWAY FROM CHILDREN.**

Use only bottle supplied by this Department. The collection bottle contains preservative - do not discard its contents. Pass urine directly into a suitable clean dry container in order to transfer the urine into the collection bottle. If any sample is lost from collection please advise laboratory. Store urine container in a cool dark place during collection.

1. On rising in the morning **discard first urine** specimen passed.
2. Write this time and the date on the bottle as **Time and Date commenced**.
3. Then collect into the bottle all urine passed up to and including the same time the next morning. **Shake to mix urine with preservative at each collection**.
4. After your last urine collection, write this time and date on bottle as **Time and Date completed**.
5. Check that your **full name, dates** and **times** are clearly written on the bottle, avoiding the use of water-soluble ink.
6. Write your **date of birth**, and the **dates and times** of commencement and completion of urine collection on the doctor's Request Form.
7. Return the specimen **and** Request Form, as soon as possible to: the SEALS Pathology Out-Patients Department so your blood can be collected.

#### B. BLOOD COLLECTION PROCEDURE

**In the case of in-patients**, blood is preferably collected within the cycle of the 24-hour urine collection or immediately after the last urine collection.

**In the case of out-patients**, blood may be collected preferably within 2 hours or as soon as practical after the last urine collection.